



# INTRAMURAL SPORTS

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## Nebraska Wesleyan University

### NWU IMSports General Policies

- All forms of communications will be through the captain. All captains are to control their team and are responsible for any actions of its team members.
- All participants must be NWU students, faculty, or staff.
  - An active NWU ID card is required at all intramural events.
  - All participants must sign a waiver
  - All participants must register on imleagues.com
- No Varsity or JV athletes are allowed to participate in a corresponding sport.
  - Graduating Varsity athlete is not eligible until the following school year.
- No one may play on more than one team in the same league.
  - 1<sup>st</sup> team you sign up for, you are a part of.
- Each team must have the minimum number of players to be eligible to start a team.
- Player additions after the deadline must be done by 11:55am on the day of the game.
  - After the last regular game of the season, no add-ons are allowed.
- You must play during the regular season to be eligible for tournament play.
- No jewelry, Hard Braces, Bandanas, Arm Bracelets.
- Each team must wear the pennies provided for jerseys.
- If a team forfeits twice, the team will be eliminated from the league.
  - Missed Captain's Meeting is one forfeit.
  - Call ahead = Default. Two Defaults = One Forfeit
    - Possible to reschedule
- All participants are asked to practice good sportsmanship.
  - No swearing, abusive language to anyone, cheating, and poor attitudes are not permitted. Guidelines are on imleagues.
  - Sportsmanship will be rated, must maintain a 2.5 to be eligible for playoffs.
- If a player is ejected from a game, player must immediately leave the entire building/area. That player is ineligible to participate in any intramural programs until the player has scheduled a meeting with the Intramural Director.
- Remember the officials are students just like you.
- Please be ready to play by game time. Game time = Forfeit time.
- Participants must sign in before the game starts, signature & ID.
- Regular season schedules are subject to change if teams are removed from the league. Captains and players should check imleagues often for any changes.
- Any cancellations (weather, events, etc.) will be done on imleagues and our facebook page by 4:00 P.M.
- Playoff seeding will be based first on winning percentage, sportsmanship, head to head, and point differential.
- Feel free to communicate with the Intramural Staff any comments, questions, or concerns.
- Good Luck & Have Fun!

***\* It is under the discretion of the Intramural Director to take disciplinary action on a team/participant who refuse to comply with Intramural Policies.***